



# Virginia AAU Taekwondo Championships and Qualifier

**Register at [Tourneyreg.com](http://Tourneyreg.com)**

**Date:** Saturday, February 16, 2019  
**Time:** competition begins at 9:00am  
**Location:** **Eagles Lodge #4123**  
*21 Cool Springs Road*  
*Fredericksburg, VA 22407*

**Host:** **Arlene Limas– Power Kix Martial Arts**  
**Entry Fee:** **\$79 one event; \$10 each additional event**  
**Entry deadline:** **February 5, 2019**  
**Late Registration:** \$30 late fee will be assessed for each late registration.  
NO REGISTRATIONS WILL BE ACCEPTED AFTER FEBRUARY 12TH!  
NO REGISTRATION AT DOOR.

**Coaching fee:** \$20 (proper coaching attire is required!)

**Questions:** Arlene Limas 540-720-1988 [powerkix@powerkixusa.com](mailto:powerkix@powerkixusa.com)

**Spectator fee:** \$10 (kids under 5 free)

**Olympic Sparring** 9:00am staging begins at 8:30 am

**Forms** 2:30 pm staging begins at 2:00pm

**Point Sparring** 4:00pm staging begins at 3:30pm

**\* Special Needs Registrations please contact Power Kix directly**

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current membership
- AAU memberships may not be included as part of the entry fee to the event.
- AAU memberships must be obtained before competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

**FOR MORE INFORMATION**  
**Jeanette Kurucz**  
**540-720-1988**  
**[Powerkix@powerkixusa.com](mailto:Powerkix@powerkixusa.com)**