



Napoleon Diving Club Presents 2019 AAU White-North Qualifier

AAU Sanction pending

- Date & Time:** Saturday, March 23, 2019 - Sunday, March 24, 2019
- Meet Location:** Bowling Green State University
1141 Ridge Road
Bowling Green, Ohio 43403
mjretcher@gmail.com
- Entry Fee** **Entry Fees: \$35.00 per event (Entry fees are NON-REFUNDABLE).
Normal Entry deadline is Sunday, March 17th, 2019 @ 11:59 PM, ET.
One time Late fee: \$50.00 will be assessed after the deadline.
ONLINE Late entry fee deadline: Tuesday March 19th, 2019 ET**
- Practice Times:** **Friday, March 22nd:** from 4:30 p.m. to 8:30 p.m. (*This is an Open Practice. Each diver must have their coach present.*)
Saturday, March 23rd: Doors open at 6:30 a.m. with open warm up from 7:00 a.m. - 8:30 a.m. Event warm up to begin at 8:30 a.m. with first event at 9:00 a.m.
Sunday, March 24th: Doors open at 6:30 a.m. with open warm up from 7:00 a.m. - 8:30 a.m. Event warm up to begin at 8:30 a.m. with first event at 9:00 a.m.
- Facility:** Bowling Green State University - Cooper Natatorium
Two – 1 meter and 3 meter springboards on cement stands, One 5 and 7 meter platform.
- Sponsor:** Napoleon Diving Club
- Meet Director:** Mike Retcher
mjretcher@gmail.com
419-789-0594 (Cell)

Sanction: This event is licensed by the Amateur Athletic Union of the U.S., Inc. *AAU Sanction pending.*

Online Registration: Divers register online at Cleanentries.com. If you have never been on <https://cleanentries.com/> you will need to make a diver's account. The diver's AAU number will be required to do so. Please use the same diver's name as the one on AAU.

Age Division/Skill Level:

<ul style="list-style-type: none"> ● 9 and Under Boys and Girls (Group E) ● 10 to 11 Boys and Girls (Group D) ● 12 to 13 Boys and Girls (Group C) ● 14 to 15 Boys and Girls (Group B) ● 16 to 17 Boys and Girls (Group A) ● 18 to 19 Boys and Girls (Group A) 	<ul style="list-style-type: none"> ● Age is determined by December 31 of the year of the competition. ● All age group divers remain qualified from the 1st of January to midnight of the following 31st December in the year of competition.
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Top 6 divers in each event qualify for the Red-White-Blue National Diving Championship. Should a top 6 diver decline to attend, the 7th place diver will be invited to attend and so on. Divers who qualify in a springboard event automatically qualify for the Red-White-Blue Platform event. **Divers who ATTEND the Red-White-Blue National Diving Championships will be outfitted. More details TBA. Qualifying divers who attend Red-White-Blue National Championship meet will be outfitted.**

Group E, 9 & Under	Group D, 10-11	Group C, 12-13
Boys and Girls 3 Vols, 1 opt Vols Max 1m 5.4, 3m 5.4	Boys and Girls 3 Vols, 2 opts Vols Max 1m 5.4, 3m 5.4	Girls 5 vols, 2 opts Boys 5 Vols, 3 opts Vols Max 1m 9.0, 3m 9.5
Group B, 14-15	Group A, 16-17	Group A, 18-19
Girls 5 vols, 3 opts Boys 5 Vols, 4 opts. Vols Max 1m 9.0, 3m 9.5	Girls 5 vols, 4 opts Boys 5 Vols, 5 opts Vols Max 1m 9.0, 3m 9.5	Girls 5 vols, 4 opts Boys 5 Vols, 5 opts Vols Max 1m 9.0, 3m 9.5

List of non-qualifying Events

AAU Nationals Diving Platform Rules		
Group E, 9 & Under	Group D, 10-11	Group C, 12-13
Same as 10-11	Boys and Girls 5 m only Total DD \leq 5.4 3 vols, 2 opts	5m & 7m only total DD \leq 7.6 Boys: 4 vols, 3 opts Girls: 4 vols, 2 opts
Group B, 14-15	Group A, 16-18	Group A+, 19+
Tower: 5m-7m-10m, Total DD \leq 7.6 Boys: 4 vols, 4 opts Girls: 4 vols, 3 opts 5 groups total	5m-7m-10m, Total DD \leq 7.6 Boys: 4 vols, 5 opts Girls: 4 vols, 4 opts 6 groups total	Tower: 5m-7m-10m, no DD Limit Boys: 6 opts Girls: 5 opts 5 groups total

SYNCHRO RULES

AAU Nationals Diving Synchro Rules		
Group E, 9 & Under	Group D, 10-11	Group C, 13 & Under
Dive in the 13 & Under Event	Dive in the 13 & Under Event	Boys & Girls 1m & 3m – 4 dives 2 vols-dif. groups, vols=2.0 DD 2 opts-dif. groups, Opts=true DD
Group B, 14-15	Group A, 16-18	
Synchro: 14-15 Boys & Girls 1m & 3m – 5 dives 2 vols-dif. groups, vols=2.0 DD 3 opts-dif. groups, Opts=true DD	Synchro: 16-19+ Boys & Girls 1m & 3m – 5 dives 2 vols-dif. groups, vols=2.0 DD 3 opts-dif. groups, Opts=true DD	

NOVICE RULES

CALIFORNIA NOVICE Rules - Dive Requirements		
Novice 9 & Under	Novice 10-11	Novice 12-13
Boys and Girls 4 dives or skills in any combination Skills 1.0DD Dives Normal DD	Boys and Girls 5 dives or skills in any combination Skills 1.0DD Dives Normal DD	Boys and Girls 6 dives or skills in any combination Skills 1.0DD Dives Normal DD
14-15	Novice 16-18	Bank of Skills
Boys and Girls 6 dives or skills in any combination Skills 1.0DD Dives Normal DD	Boys and Girls 7 dives or skills in any combination Skills 1.0DD Dives Normal DD	Bank of skills 100 A, B, C 200 A, B, C 5301, 5102, 5303, 5104, 5201, 5203, 5205 A, B, C 001 A, B, C – no jumping starts allowed on 1m & 3m 002 A, B, C – no jumping starts allowed on 1m & 3m

OPEN / SENIOR EVENTS

2017 Open Individual Event Rules			
Women Springboard Open	Women Platform Open	Men Springboard Open	Men Platform Open
5 dives without limit DD Cover every category	5 dives without limit DD Cover every category	6 dives without limit DD of difficulty. Cover every category	6 dives without limit DD of difficulty. Cover every category
Open events are open to all age groups providing they can		5 dives 5 groups with DD limit 2 first rounds DD 2.00. Other dives, no DD limit	

SYNCHRO OPEN AND MIXED SYNCHRO EVENTS

2017 Synchro Open, and Mixed Synchro Rules			
Men Open Synchro Springboard	Men Open Synchro Platform	Women Open Synchro Springboard	Women Open Synchro Platform
6 dives 5 groups with DD limit 2 first rounds DD 2.00	6 dives cover 5 categories with DD limit 2 first rounds DD 2.00. Other dives, no DD Limit	5 dives 5 groups with DD limit 2 first rounds DD 2.00. Other Dives no DD limit	6 dives cover 5 categories with DD limit 2 first rounds DD 2.00. Other dives, no DD Limit
		Mixed Open Synchro Springboard and Platform	
		5 dives 5 groups with DD limit 2 first rounds DD 2.00. Other dives, no DD limit	

Important: The timeline will be emailed to coaches at least 60 days prior to start of meet

Awards: AAU Medals for Places 1st - 6th.
RWB National Qualifier Certificate for Places 1st - 6th.

Concessions: Concessions will *not* be available. Additional information about restaurants nearby will be available close to the time of the meet.

Meet Shirts: Information on meet shirts will be provided soon.

AAU Membership:

- All athletes and coaches must have a current 2019 AAU Membership before registering online; for athletes the fee is \$14 and for coaches the fee is \$16.
- **IMPORTANT: Please bring a copy of your AAU Membership to the pool.**
- AAU membership is not included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. **Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**
- Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.
- **Note: Any contacts listed within this flyer MUST have a current valid AAU Membership.**

